

MORE AND MORE OR LESS AND LESS

1 Find the numbers that are **one more or one less** than these numbers

-1	-1	-1	+1	+1	+1
	355	356	357	358	359
			979		
			1483		

2 Find the numbers that are **ten more or ten less** than these numbers

-10	-10	-10	+10	+10	+10
			357	367	
			979		
			1483		

3 Find the numbers that are **one hundred more or one hundred less** than these numbers

-100	-100	-100	+100	+100	+100
		257	357		
			979		
			1483		