

A BALANCED DIET

- 1 If you put each of these foods on the other side of **Balance A**, **B** and **C**, what would happen?



I know that this block of cheese weighs one kilogram.

a


 $1\frac{1}{2}$ kg

b


 $\frac{1}{2}$ kg each

c


 $\frac{1}{4}$ kg

d


 $\frac{1}{2}$ g each

e


 $2\frac{1}{2}$ kg

f


 $\frac{1}{5}$ kg

g



1 kg



Balance A



Balance B



Balance C

- 2 Think of other foods you know.
What would they look like on these balances?